

Homeless Youth Risk and Resilience Study

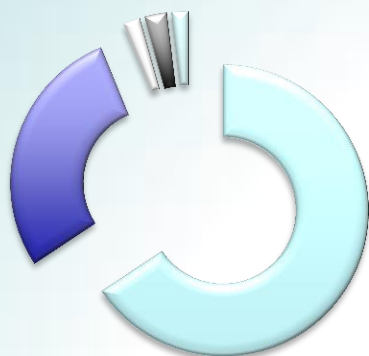


210 young adults (ages 18-26)
July 2016-January 2017
Phoenix, Arizona



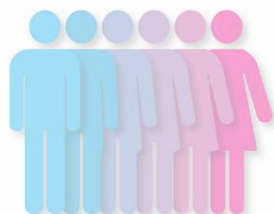
BACKGROUND

Gender Identity

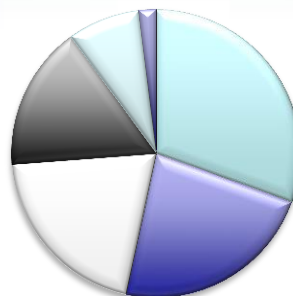


- Male (66%)
- Female (28%)
- Transgender Female (MTF) (2%)
- Transgender Male (FTM) (2%)
- Genderqueer (2%)

Average Age:
22 years old
(range 18 to 26)

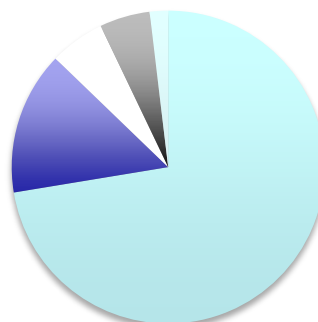


Race/Ethnicity



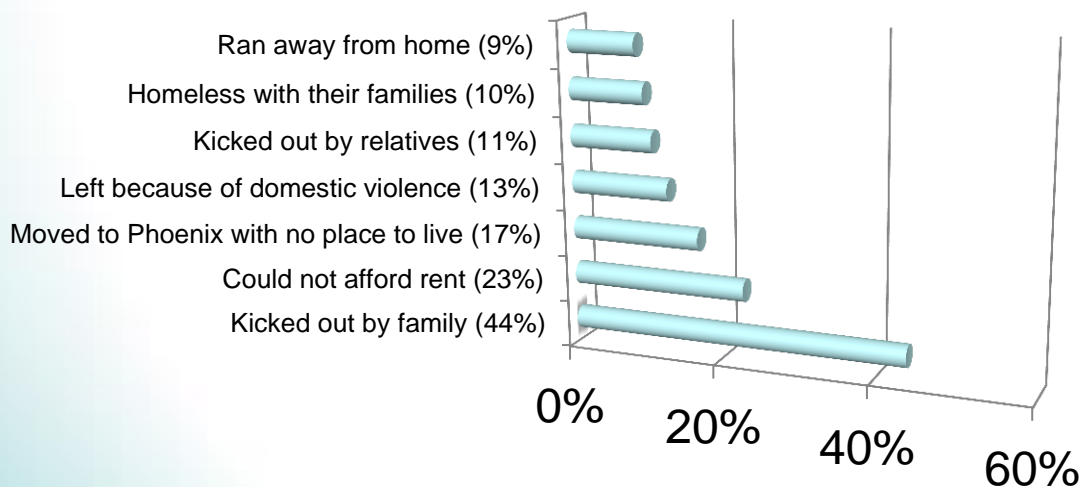
- White or Caucasian (31%)
- Black or African American (23%)
- Mixed Race (20%)
- Hispanic or Latino (16%)
- American Indian (8%)
- Asian or Pacific Islander (2%)

Sexual Orientation



- Straight (72%)
- Bisexual (15%)
- Gay or Lesbian (6%)
- Other (5%)
- Questioning (2%)

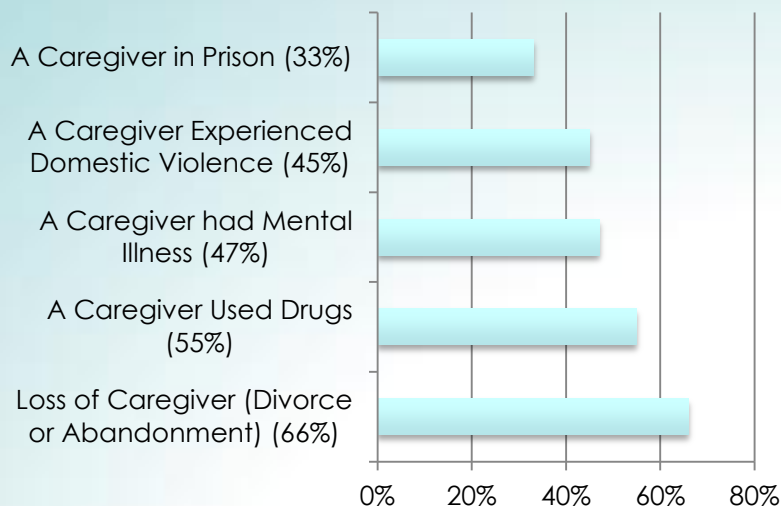
Homelessness History



59%
are local youth
originally from
**Phoenix
or Tempe**

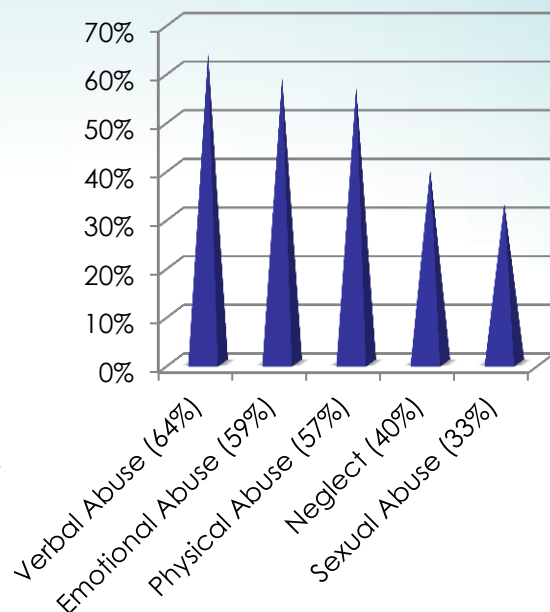
RISK FACTORS

Household Dysfunction



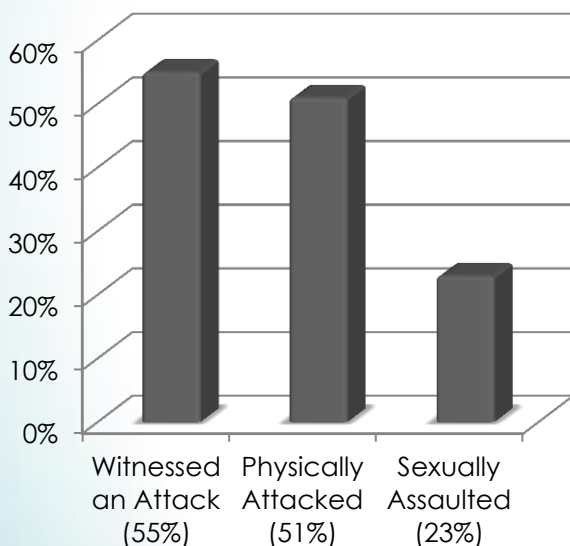
Average ACE* score: **5.37**
(SD = 2.6; Median = 6;
Range = 0-10)

Experiences with Child Abuse and Neglect



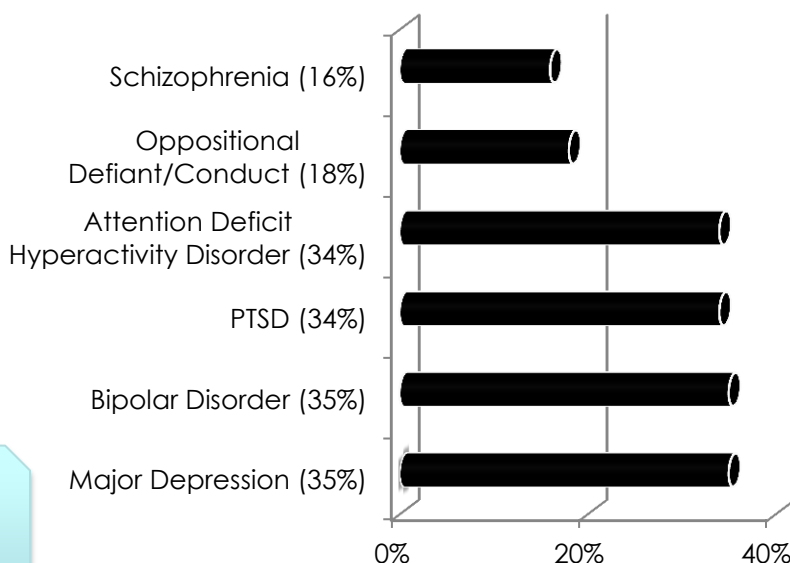
In the last year, **34%**
had suicidal thoughts;
18% attempted suicide

Victimization since Homelessness



71% have been arrested
since becoming homeless

Mental Health



RESILIENCE FACTORS

Coping Skills*

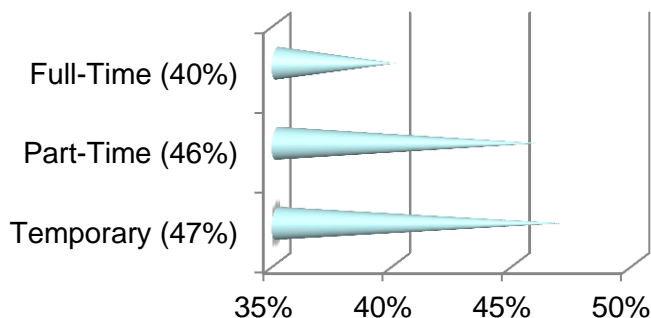
Average score in type of coping technique (range = 2-8)

Problem-focused (problem-solving)	6.2
Social-focused (going to someone for help)	5.7
Avoidance-focused (sleeping)	5.5

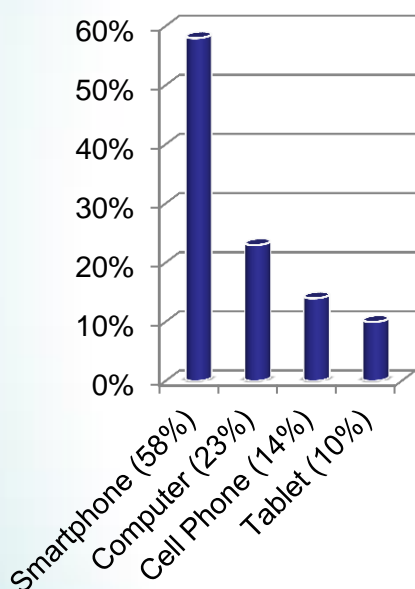
68% agree or strongly agree that they need help with housing

Youth use **prosocial** coping techniques more frequently than antisocial coping techniques

Types of Work



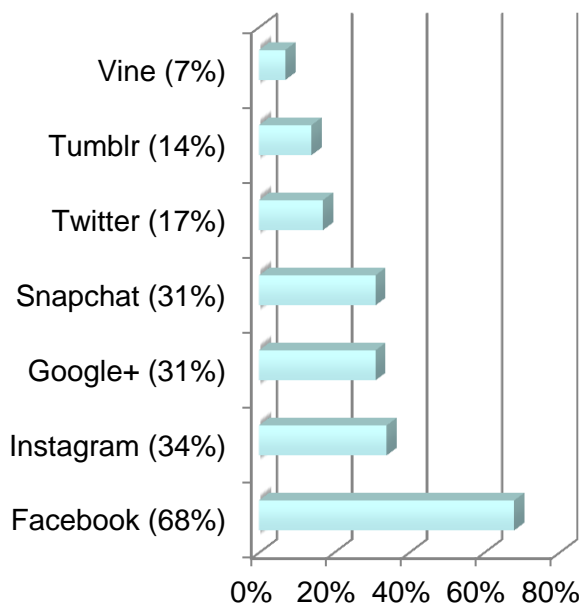
Technology Ownership



21% report they currently need mental health treatment

25% are currently working, averaging **2 jobs** and **31 hours** a week

Social Media Usage



66% have a GED, a high-school degree, or higher of educational background